- 比 to make a comparison, for example: 法国人比中国人。。。- French people compared to Chinese people ...
- 根据 for "according to …", for example: 根据中国传统的观念。。。- According to traditional Chinese concepts …
- For the reflection part, it's probably helpful to use / adapt the following sentences to make it very clear to the examiner you have covered the three questions.

First question:

- 我对。。。感到非常惊讶 I was surprised at ...
- 和我们不一样的是。。。 What is different from us is ...

Second question:

• 我认为这样的文化差别是因为 - I believe that these cultural differences are due to ...

Third question:

- 我觉得中国人可能会不太喜欢。。。 I believe that Chinese people may not like (very much) ...
- Note: this last sentence may have to be adapted to say 'I believe that Chinese people may find it difficult to ...'; 'I believe that Chinese people may not accept / be used to ...', etc.